

## **PROGRAMMA CAMPIONATI EUROPEI YAROSLAVL (RUSSIA)**

### **Thursday, the 3<sup>rd</sup> of August**

- 10.00-19.0** Arrivals of the Nations. Accreditation of the teams in the Race office  
(Yaroslavl – Sovetskaja square)  
**19.00** Team captains meeting - Race office  
**20.00** Reception for Team Captains (Yaroslavl – Sovetskaja square)

### **Friday, the 4<sup>th</sup> of August**

- Morning Accreditation of the teams, FIS, media, officials in Race office  
at Sovetskaja square  
15.20-15.55 Official training  
16.00 Opening ceremony at Sovetskaja square (Yaroslavl)  
16.30 Qualification of Sprint 200m (freestyle technique)  
European Championships Master-1,2 categories  
Sovetskaja square  
17.00 Qualification of Sprint 200m (freestyle technique)  
FIS World Cup and European Championships  
Junior and Senior Women, Junior and Senior Men  
Sovetskaja square (Yaroslavl)  
18.00 Finals of Sprint 200m  
Master-1,2 categories  
18.45-18.55 Official training  
18.55 Flowers Prize-giving ceremony for Masters  
19.00 Finals of Sprint 200m  
Junior and Senior Women, Junior and Senior Men  
20.20 Flowers Prize -giving ceremonies  
20.30 Team captains meeting - Race office -

### **Saturday, the 5<sup>th</sup> of August**

- 09.00-09.55 Official training  
10.00 Mass start race in free technique  
Sovetskaja square (Yaroslavl)  
Lap 4,0km (height differences – 20m/lap)  
Master-1, 2 categories – 5 laps  
10.50 Mass start race in free technique – All women categories – 5 laps  
11.40 Mass start race in free technique – Junior men – 5 laps  
12.25 Mass start race in free technique - Senior men – 7 laps  
13.30 Flowers Prize -giving ceremonies  
15.00-18.00 Excursion for the teams at Yaroslavl  
15.00-18.00 Meeting of FIS Rollerski Sub-Committee - Race office -  
18.30 The official Prize-giving ceremonies for two days of competitions.  
Sovetskaja square (Yaroslavl)  
19.00 To follow the dinner for the teams and the discotheque.

## **Sunday, the 6<sup>th</sup> of August**

- 09.00 Closing of the roads
- 09.15-09.50** Official training
- 10.0 *Team sprint* in free technique (2x3laps) Lap 2x1,0km  
Start at Sovetskaja square (Yaroslavl)  
Junior and Senior Women
- 10.35 *Team sprint* in free technique (2x3laps) Lap 2x1,0km  
Junior
- 11.10 *Team sprint* in free technique (2x3laps) Lap 2x1,0km  
Senior Men
- 12.00 The Prize-giving ceremonies
- 13.00** Departures of the teams