

ROLLERSKI AND INLINE-SKATING COMPETITION “UNIBANKAS BALVA 2004”

PROGRAMME

COMPETITION ORGANISERS: Cesis Sports School, Cesis Local Government, Skiing Club “Cesis”, Latvian Skiing Federation



Competition main sponsor: „LATVIJAS UNIBANKA”

TIME AND PLACE: July 9-11 / 2004 Cesis town and Priekuli roller ski track

RULES

- The competition is organised noticing (FIS) **Rolleskiing Competition Rules** excluding only things mentioned below. Inline skating is organized according to general inline skating rules.
- Judge board can make individual decision about equipment accordance to rules
- All races are going on in skating style.
- Athletes must use helmets, gloves and eyeglasses in official trainings and race. Athletes in race should give way to faster follower if he asks that.
- Team captain or athletes themselves (older than age 18) are responsible for their own conditioning, health and competition equipment accordance.

• PARTICIPANTS:

Athletes competing with „Start Skating” or similar rollskies (wheel diameter not bigger than 71mm, so called “slow” rollskies), Groups for Inline skating

GROUP	YEAR OF BIRTH
S 12	girls 1992. and younger
S 14	girls 1990.-91.
S 16	girls 1988.-89.
S 18	girls 1986.-87
S	Junior women and women born from 1985. and older

GROUP	YEAR OF BIRTH
V 12	boys 1991 and younger
V 14	boys 1990.-91...
V 16	boys 1988.-89.
V 18	boys 1986.-87.
V	Junior men and men born from 1985.and older

Athletes competing with rollskies not shorter than 53cm and wheel diameter not bigger than 100 mm (so called “quick” rollskies)

S _J	girls born till 1986. and younger
S _{Elite}	Junior women and women born from 1985. and older

V _J	boys born till 1986. and younger
V _{Elite}	Junior men and men born from 1985.and older

• PROGRAMME

09.07.2004.

- Team arrivals
- Trainings in PRIEKULI ROLLERSKI TRACK
- Team captains meeting

10.07.2004.

- 8.00 – 8.50 Official trainings for the sprint race - CESIS TOWN (Lapsu street, close to “Mego” supermarket)
- 9.00 – 9.30 Qualification for the sprint in rollerskiing (distance 200m)
- 9.30-9.50 Qualification for the sprint in inline skating (distance 200m)
- 10.00 – 10.30 ½ FINALS IN ROLLERSKING **SPRINT RACE**
- 10.30-10.50 ½ FINALS IN INLINE SKATING **SPRINT RACE**
- 11.00 **FINALS IN ROLLERSKIING AND INLINE SKATING**

- 14.00 -15.00 Official trainings for the prologue race - PRIEKULI ROLLERSKI TRACK
- 15.00-17.30 **PROLOGUE RACE** in Rollerskiing
- 17.30-19.00 **PROLOGUE RACE** in Inline skating
- 19.00 – Sprint and prologue awarding ceremony

11.09.2004.

10.00-10.50 Official trainings for the pursuit race- CESIS TOWN CENTER

11.00 **PURSUIT RACES IN ROLLERSKIING**

12.50 **MASS START IN INLINE SKATING**

13.30 **AWARDING CEREMONY**

AWARDING

- 1-3 places are awarded with diplomas, medals and souvenirs
- Groups **S_J**, **S_{Elite}**, **V**, **V_J**, **V_{Elite}** 1-3 places in ROLLERSKIING are awarded with money prizes

Group	Sprint			Prologue race			Pursuit race		
	1	2	3	1	2	3	1	2	3
S_J	20	10	5	20	10	5	20	10	5
S_{elite}	60	30	10	60	30	20	60	30	10
V_J	20	10	5	20	10	5	20	10	5
V[*]	50	30	10	50	30	10	50	30	10
V_{elite}	80	40	20	80	40	20	80	40	20

Total (EUR) 1210

* If there are less than 6 athletes in group V no money prizes will be given.

• EXPENSES

Expenses connected with accommodation, transportation and meals are covered by athletes or teams themselves.

Foreign primers of last year - MIKHAIL SMILGUINE, ANDREY ZMIY, NIKITA ABRAMOV, DMITRY BOKSHA, IGOR GLOUSHKOV, ANDREY KUKRUS, ALEXEY VOROPAEV, YULIA ZIMAKOVA, ELENA VEDENEEVA, MARINA FIRSOVA, ELENA NENYUKOVA, INNA SOUEVALOVA can apply for free accommodation in school hostel

- **ACCOMMODATION FEE:** Information about accommodation possibilities in website <http://www.cesis.lv/eng/?cat=43>

Please contact before about booking accommodation places and transportation needs.

Accommodation in Cesis Sports School hostel (total 55 places)

EUR 2,5 or LS 1,5 (1 person / night)

Meals (3 times / day) starting from EUR 4.5

- **CONTACTS:** Phones 00371-9146130, 00371 4123520, ,
- **RACE DIRECTOR:** Juris Kreilis 00371-6428328
- **APPLICATION DEADLINE:** Please send application form to fax or email till 05 /07/ 2004 !!!

Fax 00372 4122405, Email niklass@cesis.edu.lv