





ROLLERSKIING & INLINES SKATING COMPETITION PROGRAMME

Nr.	Date	Place	Discipline	Distance lenght
1.	26. July	Rīga, Uzvaras park	Sprint	1km (all groups)
2.	17. August	Vecpiebalga (road P33)	Mass start	6km-20km (depending on group)
3.	6. September	Cēsis	Sprints (uphill)	200m (all groups)
4.	14. September	Priekuļi	Interval start	1km -15km (depending on group)
5.	21. September	Priekuļi	Interval start "Marathon", (only starting from groups S14,V14)	15km-42km (depending on group)

GROUPS AND ENTRY FEE

ROLLERSKIING GROUPS

Gi	rls, women	Boys, men		Entry fee		
Groups with " Start skating 71 " (wheels 71mm diameter)						
S12	1997. and younger	V12	1997. and younger	Ls 2		
S14	199596.	V14	199596.	Ls 2		
S16	199394.	V16	199394.	Ls 2		
		V18	199192.	Ls 2		
		V40	1969. and older	Ls 4		
Open groups for all kinds of rollerskies (no shorter than 53cm; wheels diameter not bigger than 100mm)						
SE	1992. and older	VE	1990. and older	Ls 4		

INLINE SKATING GROUPS

Girls, women	Boys, men	Entry fee
s10 1999. and younger	v10 1999. and younger	Ls 2
s12 19971998.	v12 19971998.	Ls 2
s14 19951996.	v14 19951996.	Ls 2
s17 19941988.	v17 19941988.	Ls 2
S 1989. and older	V 1989. and older	Ls 4

MAIN RULES:

- Free technique is used
- Helmets are mandatory for all athletes.
- In Sprint competition best 8 from qualification goes to the finals.

Overall ranking system:

Point system for each competition (place –points) : **1-80; 2-70; 3-60**; 4-50; 5-45; 6-40; 7-36; 8-32; 9-29; 10-26; 11-24; 12-22; 13-20; 14-18; 15-16; 16-15; 17-14; 18-13; 19-12; 20-11; 21-10; 22-9; 23-8; 24-7; 25-6; 26-5; 27-4; 28-3; 29-2; 30-1punkti.

In overall ranking are included only those athletes, which takes part in final stage, and have at least points from 3 competitions.

PRIZE GIVING

- All participants get stickers and takes part in lottery for valuable gifts.
- 1-3 places in each competition get medals and diploma.

Organizers: ski & biathlon club "Cesis"

Chief of competition: Mārtiņš Niklass (+371 29146130, <u>rollertour@inbox.lv</u>) Secretary: Ieva Eglīte , <u>ieva@cesusportaskola.lv</u>

Online entries via website –<u>www.rollertour.lv</u>

Entry fee must be paid on place during check-in competition.

Entry deadlines for competitions

Competiton	Entry deadline
Rīga, Uzvaras park	24. July 18:00
Vecpiebalga (road P33)	15. August 18:00
Cēsis	5. September 15:00
Priekuļi	12. September 18:00
Priekuļi	19. September 18:00

Extra entries during competition day are not accepted!